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Coffee and Cardamom Pound Cake

These next two (companion) recipes are adapted from the Perfect Pound Cake recipe in Rose Levy Beranbaum's [The Cake Bible](#). As it really is a perfect pound cake—moist and dense—it's hard to do anything other than follow Rose's exact method. We diverge on one point, though: while Rose says that the cake doesn't work in a large pan, we find that baking it in a Bundt pan—where the tube in the middle enables the heat to distribute evenly through the cake as it bakes—works just fine.

We've gone for two versions: this one has a more adult flavor, with the coffee and cardamom, while the other, based on Neapolitan ice cream, is more family-friendly (*not included*).

This is best served once completely cool, to allow the flavors to develop. In an ideal world, you'd make it in the morning and serve it six to eight hours after baking. We know that the difference between the ideal and the reality is often great, however, so don't lose sleep over a few hours here and there.

serves 10–12

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6 tbsp/90 ml whole milk, at room temperature, plus 1 1/2 tbsp for the coffee

6 large eggs, at room temperature

2 tsp vanilla extract

1 3/4 cups/200 g self-rising flour

2/3 cup/100 g all-purpose flour, plus extra for dusting

½ tsp salt

1 1/2 cups/300 g granulated sugar

1 1/4 cups plus 1 tbsp/300 g unsalted butter, soft but not oily (see page 344), diced, plus extra for greasing

1½ tsp freshly ground [cardamom](#)*

1½ tbsp instant coffee granules

2 tsp [Dutch-processed cocoa powder](#)



Icing

1½ tbsp instant coffee granules
3 tbsp whole milk, warmed
2 cups/240 g confectioners' sugar
2 tbsp unsalted butter, at room temperature

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**Now That's A Mouthful uses and recommends [The Spice and Tea Exchange](#)® spices and seasonings in all of its recipes.*

Preheat the oven to 375°F/195°C. Grease and flour a 9-inch/23-cm Bundt pan and set aside.

Place the milk, eggs and vanilla extract in a medium bowl and lightly whisk, just to combine.

Sift both flours and the salt directly into the bowl of an electric mixer with the paddle attachment in place, then add the sugar and mix on low speed for 30 seconds. Add the butter and half the egg mixture and continue to mix until the dry ingredients are incorporated. Increase the speed to medium and beat for 1 minute. Scrape down the sides of the bowl, then gradually add the remaining egg mixture, in two batches, making sure the first batch is fully incorporated before adding the next. Don't worry if your batter looks slightly split; it's due to the large proportion of eggs in the batter, but it won't affect the final result.

Scrape down the sides of the bowl and divide the mixture among two bowls. Add the ground cardamom to one bowl and fold to combine. Warm the 1 1/2 tbsp milk in a small saucepan, then place in a small bowl with the coffee granules and cocoa powder. Stir until the coffee dissolves and the consistency is that of thick but pourable milk. Combine this with the cake mixture in the second bowl.

Spoon the two mixtures into the prepared pan in four alternate blocks, two of each color. Then, use a skewer or small knife to make a zigzag-shaped swirl once through the mix to create a marble effect. Do not be tempted to overdo the swirling as you will lose the effect of the marbling.

Bake for 40–45 minutes, or until a skewer inserted into the center of the cake comes out clean. Remove from the oven and set aside for 10 minutes. The cake tends to dome in the oven, so if you want a perfectly flat base (the top will become the bottom once it's inverted), just slice off the top to flatten it out before turning the cake out onto a wire rack to cool completely.

To make the icing, combine the coffee and warm milk in a small mixing bowl. Add the confectioners' sugar and butter and whisk until smooth and thick.

Spoon the icing all over the cooled cake, so that it drips unevenly down the sides. Allow the icing to set slightly before serving.



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