



[\*Skinnytaste One & Done: 140 No-Fuss Dinners for your Instant Pot®, electric pressure cooker, air fryer, slow cooker, multi cooker, Dutch oven, sheet pan and more\*](#) by Gina Homolka with Heather K. Jones, R.D. Copyright © 2018 by Gina Homolka. Photographs copyright © 2018 by Eva Kolenko. Published by Clarkson Potter/Publishers, an imprint of Penguin Random House LLC.

#### **Our Summary:**

Who doesn't love to cook in one pot? Since our first kitchens we've had on hand a sheet pan, a Dutch oven, or a skillet. But now, incorporate today's convenient countertop appliances – insta pot, slow cooker, air fryer, anyone? – and we've got the recipe to eat healthier and cook at home, but spend less time in the kitchen doing it. With the one-pot meal concept behind best-selling author Gina Homolka's [\*Skinnytaste One & Done\*](#), if we have fewer dishes to clean up, so much the better. Homolka's [Skinnytaste brand](#) for healthy,

flavor forward recipes, are right here in all of the 140 one pot cooking options.

#### **What you need to know:**

**Get it:** [\*Skinnytaste One & Done: 140 No-Fuss Dinners for your Instant Pot®, electric pressure cooker, air fryer, slow cooker, multi cooker, Dutch oven, sheet pan and more\*](#) by Gina Homolka with Heather K. Jones, R.D. Copyright © 2018 by Gina Homolka. Photographs copyright © 2018 by Eva Kolenko. Published by Clarkson Potter/Publishers, an imprint of Penguin Random House LLC, October 9, 2018, Hardcover \$30.00 ([Amazon \\$18.00](#); [Kindle \\$15.99](#))

**See it:** 304 Pages of One Pot recipes, with finished full page, up close photos of the completed recipes; Nutritional information provided for each recipe, and options for cooking in a different pot, if the one featured in the recipes is not in your arsenal. A recipe key for Quick, Vegetarian, Gluten Free, Dairy Free and Freezer Friendly is provided, as are Weight Watchers® points. Table of Contents divide recipes by cooking vessel; a full list of recipes and their "recipe key" is provided at the start to each chapter.

**Make it:** 140 1-page recipes. Simple, straight-forward ingredients with side bar recipes to make seasoning blends, pizza dough and her "skinny scoop" with tips for fool-proof results.

#### **Chef Donna's Review:**

[\*Skinnytaste One & Done\*](#) is organized by cooking vessel. That is, perhaps, one of the most ingenious methods to indexing a table of contents. Ever. You won't be disappointed landing on a recipe you can't cook because your kitchen is ill-fitted (to the extent one would consider their kitchen equipment lacking without an air fryer). Still, even if you don't own all of the appliances such as an [air fryer](#) or [insta pot](#), [\*Skinnytaste One & Done\*](#) provides alternative directions so you won't miss out.



It has long been the [Skinnytaste brand](#) trademark to put a healthy twist on the dishes we crave, literally by just seeing them. *Cheesy Giant Turkey Meatball Parmesan* or *Dijon Maple Chicken with Brussels and Butternut* for dinner, sound tempting? If not, the pictures that accompany the recipe sure do! Why not try the *Pork Chops Pizzaiola with Arugula Salad*. You'll enjoy everyone singing your praises while you quietly enjoy the fact that you're putting a healthy dish on the table. You know that because Homolka in [Skinnytaste One & Done](#) provides nutritional information with every recipe.

I suppose, too, there's the thrill that there's only one pan to clean up. One pan, and all the other bowls, if you *mise en place*. And, then, there are the dinner dishes from the table, too. But you would do that anyway, right? If that needs to be forgiven, you will. Instantly. (see what I did there? Instantly. Insta Pot.) With over 140 healthy and indulgent recipes, vibrant photography, and the *Skinny Scoop* signature cooking tips including make-ahead options, time saving ideas and ingredients swaps, [Skinnytaste One & Done](#) is possibly the only kitchen counter-top appliance cookbook you may ever need.

Recipes to cook from [Skinnytaste One & Done: 140 No-Fuss Dinners for your Instant Pot®, electric pressure cooker, air fryer, slow cooker, multi cooker, Dutch oven, sheet pan and more](#) by Gina Homolka with Heather K. Jones, R.D. Copyright © 2018 by Gina Homolka. Photographs copyright © 2018 by Eva Kolenko.

[Pork Chop Pizzaiola with Arugula Salad](#)

[Summer Veggie Zucchini Noodles with Burrata](#)

[Buffalo Drumsticks with Creamy Cabbage and Kale Slaw](#)