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Honey and Peppermint Lip Balm

Outside: Keep your lips hydrated in winter with this antibacterial lip treat.

You will need:

1 tbsp coconut oil
1 tsp honey
2 drops peppermint oil
small glass storage pot with lid

To prepare:

Spoon the coconut oil and honey into a small glass bowl and heat over a saucepan of hot water until thoroughly melted and combined. Remove from the heat.

Once the mixture has cooled, add the peppermint oil and stir thoroughly. Pour into the storage pot. Allow to cool and firm up before screwing on the lid.

